

# **Privacy Policy**

#### Introduction

At Psy Lens, we value your privacy and are committed to protecting your personal information. This Privacy Policy explains how we collect, use, and safeguard your information.

#### **Information We Collect**

- Personal details such as name, contact information, and medical history.
- Session records and progress notes.
- Payment information (if applicable).

#### **How We Use Your Information**

- To provide personalized care and treatment.
- To schedule appointments and send reminders.
- To process payments and manage accounts.
- To improve our services based on feedback and session outcomes.

### **Confidentiality**

- All information provided to us will be kept confidential.
- We will not share your information with third parties unless required by law or with your explicit consent.
- We may share your information within our team of therapists to provide coordinated care, but we will not disclose any information to outside parties without your permission.

### **Security of Your Information**

We use industry-standard encryption and security measures to protect your personal data. However, no method of data transmission over the internet is completely secure, so while we strive to protect your information, we cannot guarantee its absolute security.

## **Your Rights**

- You have the right to request access to the information we hold about you.
- You can update or correct any personal information by contacting us directly.
- You have the right to withdraw consent for the use of your information at any time, subject to legal obligations.

## **Data Retention**

We will retain your personal information only for as long as necessary to provide services or as required by law.

# **Changes to This Privacy Policy**

This Privacy Policy may be updated periodically, and any changes will be communicated to you via email or through our website.

## **Contact Us**

If you have any questions or concerns about this Privacy Policy, please contact us at [contact information].