



25 Years

• **Clinical Experience**

20 Years

• **Academic Experience**

14 Years

• **Research Experience**

**Clinic: Psy Lens Centre.**

13/B, Ishavasya

Bungalows,

Next to Reliance Township

Gate No.6, Opp. Vaibhav

Bungalows, Towards

Radiant English.

Chandni Chowk., Piplod,

Surat.

9227921315/0261-2221315

**Dr. Sudipta Roy**

**Consulting Clinical Psychologist**

Trainer and Visiting faculty

M: 9913360019

## Personal Profile Statement

*The famous American psychologist Carl Roger rightly said that “The only person who is educated is the one who has learned how to learn and change.” I believe I am trying to live by that maxim.*

I am a passionate, committed, **clinical psychologist with a strong academic record**, seeking continuous knowledge up gradation, through new opportunities for learning, teaching, research, self- improvement and growth. I possess a unique **skill quadrangle of academics, practice, research and mentoring, with experience spread over a period of 25 solid years of work**, majorly spent in Gujarat. I have work experience in **working on government and Non-governmental research projects, establishing mental health services at community level, teaching psychology at undergraduate and postgraduate levels and providing psychological services of assessment, psychotherapy and counseling in private and non-governmental set ups**. Currently, I am running my own center for comprehensive clinical psychological and psychological services at Surat. I also am a **Visiting Faculty in different colleges and courses, as well as hold different positions of importance with academic institutes like board of studies membership or examiner-ship at academic institutes in Gujarat. Further, I contribute to new entrants into the field of mental health as they constantly approach me for internships, guidance, and development of skills or research.**

## Skills

- Sound knowledge base and teaching ability for concepts of psychology, psychotherapy, and counselling techniques with focus on up gradation to acquire new insights from advancements of the field and meet the changing needs of a variety of clients as well as students
- Critical thinking and complex problem-solving skills used on a daily basis to help determine the best course of action.
- Ability to conduct, organize workshops, and seminars effectively on different psychological topics.
- Excellent networking skills and contacts with mental health professionals across the country.
- Ability to liaise with other professionals to bring their knowledge and skills for local learners.
- Good ability to plan and conduct research in the area of psychology and mental health
- Psycho diagnostics and Use of Projective Techniques for diagnostic purposes.
- Working with children having LD and emotional disturbances.
- Training fellow colleagues for psychological skills for mental health.
- Organizing and conducting Mental Health awareness programs
- Good scientific and creative writing skills in mental health and Psychology.
- Fluency in languages English, Hindi, Gujarati, Bengali.
- Ability to use computer and internet, MS Word, Excel, make and create Power point presentations.

## Educational background and qualifications

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- ❑ PhD in Psychology, Department of Psychology, M.S. University of Baroda, submitted in 2016, degree awarded in 2018
- ❑ M. Phil in Medical and Social Psychology, Department of Clinical Psychology, NIMHANS, Bangalore: 1992-1994 (64%)
- ❑ Master in Arts with Psychology, Dept. of Psychology, M.S. University of Baroda, Vadodara, 1989 - 1991 (67.4%) Optional Paper- Clinical
- ❑ Bachelor of Arts, St. Xavier College, Ahmedabad 1986-1989 (68%)
- ❑ Knowledge of Foreign Languages: French, Russian
- ❑ Higher Secondary School Certificate (Science Stream): 1983-1985 (55%)
- ❑ Secondary School Certificate: 1983 (68%)

## Teaching Experience of 20 years (Details are given in Annexure A)

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- ❖ My experience in teaching has included teaching of undergraduate courses in psychology such as general psychology, personality and social psychology, physiological psychology, educational psychology, fields of psychology, children with special needs, abnormal psychology, research methods in psychology, experimental psychology practical, field work in special needs at Departments of Psychology and other departments
- ❖ I have taught at post graduate level taking courses for Masters students in Psychology, Clinical psychology and for Professional post graduate training courses on Psychopathology, Psych diagnostics and Psychotherapeutics, Theories and Systems of Psychology, Psychological assessments, Special needs and Learning Disabilities.
- ❖ I have also taught psychotherapy at M.Phil. level (RCI approved) courses of Clinical Psychology as visiting faculty.
- ❖ I have also been given the opportunity to teach Psych diagnostics assessment to Exam -going M.D students of Psychiatry for two years.
- ❖ Recently I have taught Psychology to 11 and 12 standard CBSE students of DPS

## Research Experience: (14 years)

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- ❑ **Ongoing Research:**
  - ✓ working on an **independent, self-funded research work** to develop a tool to measure anxiety since 2017. The standardization process is underway.
- ❑ **Completed Research: -**
  - ✓ **Ph. D Thesis:** Evaluating Children's drawings as potential tools to identifying emotional disturbance in the Indian Context
  - ✓ **M. Phil Dissertation:** Anxiety and Self- Esteem in Children with Specific Disorder in Scholastic Skills
  - ✓ **Worked as Research and Documentation Officer at Baroda Citizens' Council and United Way of Vadodara,** during which I documented research on User satisfaction with Public Utilities in

Vadodara and planned and supervised a research on AIDS Awareness in University students in Vadodara

- ✓ **Worked as Junior Project Fellow at the Department of DPSEE, NECRT, New Delhi** where I compiled the final report on CAPE Project of Non Formal Education and for “The Extent of Utilization of Resources distributed during Operation Blackboard”
- ✓ **M.A Dissertation: Purpose-in-Life and Life-event-stress in undergraduate and post graduate college students, 1991.**
- ✓ Guided 3 **undergraduate research projects** on Students experience and satisfaction with Professional internships in College, Attitude towards live-in relationships among college going students, use of drama with students having mental retardation.
- ✓ Guided 2 **Master level dissertations for IGNOU students** on Screening for pre academic skills, personality profiles of adolescent girls in rural and urban settings.
- ✓ Guided 6 **Masters level dissertations at M.S. University** on topics like Music and Anxiety Reduction, Rorschach with Children, Birth order and Personality, Self Esteem, academic achievement and adjustment in pre-adolescence, Academic Dishonesty, Frustration Tolerance in Hearing Impaired students.

### **Clinical Experience (25 Years)**

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- Founder and Director at Psy lens center for psychological services, Surat (Past 10 years). The nature of work involves conducting and supervising psychological assessments across mental health conditions through the life span, conducting and supervising psychotherapy and counselling sessions for children, adolescents, adults and couples. I also do regular training programs for counsellors, clinical psychology and students of psychology, supervise internships, overseeing our remedial and special education program, conducting research, providing consultation and counselling support to different schools.
- Worked as Clinical Supervising Psychologist at Counseling Centre, Department of Psychology, M. S. University, Baroda (3 years).
- Handled school project of assessing 40 children with learning disabilities at Vallabh Ashram School, Valsad (2004)
- Worked as Chief Consulting Clinical Psychologist at Surat Neuro-psychiatric Diagnostic Centre and Paraspar a collaborative set-up started by a team of 11 psychiatrists (1 year).
- Worked as Consulting Clinical Psychologist at Psy Lens Centre, Surat (6 years)
- Worked as Visiting School Counsellor at J.H. AmbaniSaraswatiVidyaMandir, Surat (2001-2002)
- Worked as Director, Reach- Shruti, an NGO, a school for Mentally Challenged Children, Surat (for 6 Months)

- Worked as independent Hon. Consulting Clinical Psychology at Marg Counseling Center, University Health Centre, M.S.U, Baroda. (4 years + 2 years' supervised internship period)
- Gained valuable clinical experience as M. Phil Trainee handling challenging cases under supervision from all over the country at the Premier Institute of NIMHANS, Bangalore during my learning period.

### **Participation/organizing/conducting Seminars/Conferences/workshops. (Details are in Annexure B)**

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**Workshop/ Seminar /attended:** *I have attended around 35 national, international workshops, seminars I conferences as delegate*

**Talks/ Workshop/ Seminar/ Conferenceon invitation:** *I have been an invited as speaker, panelist, chairperson of scientific sessions on more than 35 platforms on a wide range of subjects in the area of mental health and psychology*

**Workshop/ Seminar organized:** *I have organized several workshops at state and national level with national and international faculty on the subjects of psychotherapy, learning disabilities and assessments*

**Workshop/ Seminar conducted:** *Conducted more than 25 professional training workshops on topics like learning disabilities, Case history taking and Interviewing skills, IQ and learning disability assessments, Projective techniques, Counselling skills, CBT, Emotional and behavior problems of children, parenting.*

### **Papers / Posters/ Publications**

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#### Publications:

1. Mukerjee,S., Hirisave. U., Kapur M and Subbakrishna, D.K.(1995). **Anxiety and Self Esteem in Children with SDDS.** NIMHANS journal, July edition.

#### Book Chapters:

1. Roy, S., Bhargava, S. and Joeg, P. (2018). **Trials and Triumphs of Parenting: Practitioners Look at the Experience of Fathers in Raising Children with Special Needs.** Rajalakshmi Sriram (Ed) Fathering in India. Springer Publications (in print).
2. Roy, S. and Lakhani, M. (2017). **Stress in children**, chapter contributed in Ketan Bharadwa and Arti Mehta (Eds.) Secrets of Learning. D.E.O., Surat
3. Roy, S. and Lakhani, M. (2017). **Attention and ADHD**, chapter contributed in Ketan Bharadwa and Arti Mehta (Eds.) Secrets of Learning. D.E.O., Surat
4. Roy, S. and Lakhani, M. (2017). **School readiness skills**, chapter contributed in Ketan Bharadwa and Arti Mehta (Eds.) Secrets of Learning. D.E.O., Surat
5. Roy, S. and Lakhani, M. (2017). **Making an IEP**, chapter contributed in, Ketan Bharadwa and Arti Mehta (Eds.) Secrets of Learning. D.E.O., Surat

6. Jadav, B. and Roy, S. (2014). **Sounds of silence**. Lambert Academic Publishers.Germany.
- 7.Sriram, R and Mukerjee, S. (2000). The Unsafe Nest: Analyzing the Roots and Reaches of Marital Violence in Bhargavi, Davar (Ed.): Mental Health from a gender Perspective. Sage publications, New Delhi.

### Presentations in National /International Seminars:

1. Theme of conference: “Share and Succeed”: case paper presentation during 1<sup>st</sup> Rehab conference 2019, Ahmedabad(7<sup>th</sup> Nov. to 9<sup>th</sup> Nov).
2. “Mental Health and Counselling Skills: Strategies and interventions”, presented paper during RCI sponsored and CRE status Accredited 3 days National Conference, jointly organized by Department of Psychology, Sardar Patel University and Indian Academy of Health Psychology (16<sup>th</sup> to 18<sup>th</sup>, 2019)
2. Roy’s and Behrani, P (2008). Reflections of Psychologists on Enhancing Quality of School Education through Counseling and Inclusive Education, Presented during the National Seminar on “Quality Improvement in School Education.
3. Roy, S. (2006). Towards a Working Model for Learning Disability: integrating experiences in Gujarat. Presented at IACP annual conference at Bangalore.
4. Mukerjee, S., Hirisave, U., Subbakrishna,D.K.( 1996) Learning Disability: Searching for the Missing Link. Paper Presentation at ISSBD annual international conference, Chandigarh.
5. Mukerjee, S. (1996) ‘Persons with Disabilities act 1995”at a State level seminar on “Children’s Policies and Programs – Status and future directions” organized by ECD-LRC, Department of HDFS, M.S. University.

### **Other Publications**

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- ❖ The story of addiction. Published in Psychology national level monthly magazine (India’s first psychology magazine}, March edition 2019
  - ❖ Contributor to the Mental Health Q and A column in psychology April, July and August editions 2019
  - ❖ Employees with Disability in Baroda’s organized sector, ActionAid Newsletter, June 1996
  - ❖ Life in Baroda: Seven topmost needs of Baroda community. Sambandh Newsletter, United Way of Vadodara, July 1995.

### **Professional and Institutional affiliations**

#### Advisory Councils:

- ❖ Advisory committee member for Sparks Academy, Surat.
- ❖ Advisory committee member for Sahas NGO for women, Surat.
- ❖ Advisory committee member for Sahay, NGO for adults with Intellectual Disability, Vadodara
- ❖ Advisory committee member for Spandan school for children with Intellectual Disability run by Banyan City club, Vadodara.

#### Academic affiliations:

- ❖ Board of Studies member for vocational courses of psychology and courses on counseling and Learning disabilities for Sheth PTMC.
- ❖ Board of studies member for closed group for starting RCI certified M.phil course in Clinical Psychology at Civil Hospital for Veer Narmad South Gujarat University for syllabus.
- ❖ Board of Studies member for M.Phil program of Clinical Psychology for Gujarat Forensic Sciences University, Gandhinagar for syllabus updating.
- ❖ Practical Examiner for P. G. Diploma in Clinical Psychology course at GFSU, Gandhinagar
- ❖ Practical Examiner for part time P.G. Diploma program in Clinical and Community Psychology

### Certification and accreditations:

- ❖ Member of Indian Academy of Professional Supervisors (IAPS)
- ❖ Completed course on Supervisor Certification training approved and certified by Australian Counseling Association (2019).
- ❖ Executive Council member and West Zone representative for IACP
- ❖ RCI licensed Clinical Psychologist since 2016, CRR No. A48275
- ❖ Professional Life Member of Indian Association of Clinical Psychologists (IACP) since 2004 (Membership number PLM 172.

### Other affiliations:

- ❖ Empaneled Psychologist for local schools of Surat namely SSRVM, Fountainhead school, Delhi Public school, VIBYOR, The Millennium School- for referrals.
- ❖ Networking with schools like Tapti Valley, The Millennium School, Delhi Public School for fieldwork, internships and projects.
- ❖ Signed MOU and provided contractual School Counsellor at T. M. Patel International school run by Pearson group.
- ❖ Signed an MOU as partner for providing internship and collaborative academic programs at Sheth PTMC of Home Science and Arts, Managed by Vanita Vishram Trust.
- ❖ Affiliate member for EAP services for PPC Worldwide
- ❖ Affiliate member for EAP services for Optum consultants
- ❖ Jt. Secretary for Marg Counseling Centre, University Health Centre, Vadodara.

### **Honors and Awards**

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- ✓ Received 1<sup>st</sup> prize for paper presentation during 1<sup>st</sup> Rehabilitation conference of India, Organized by Gujarat Spastic Society at Ahmedabad on 7,8, 9<sup>th</sup> Nov,2019.
- ✓ Received certificate of appreciation as “Mental Health Knight” for valuable contribution as a subject matter expert at The Yellow Umbrella- Mental Health Festival, an initiative by Global Shapers Community, Surat held on 5<sup>th</sup> and 6<sup>th</sup> October,2019 in Surat.
- ✓ 10 out of 14 of my 12<sup>th</sup> std. CBSE board students of Psychology class scored **100/100 in Psychology** in the 2019 March exams.
- ✓ Faculty for designing and conducting a **short term collaborative course between MSU and Roehampton University, London on mental health for professionals**. Selected and Invited as faculty for dialogue and training at **Roehampton** for the same in May **2008**.
- ✓ **Qualified UGC-JRF in first attempt in 1991.**
- ✓ **Received National Merit Scholarship at UG and PG level at GU and MSU respectively**

## Hobbies

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- ✓ Creative Writing
- ✓ Reading
- ✓ Listening to music
- ✓ Watching movies
- ✓ Travelling
- ✓ Teaching

## References

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1. Dr. RajalakshmiSriram, Professor Emeritus and Former Head, Department of Human Development and Family Studies, Faculty of Home Science, M.S. University of Baroda, Vadodara *Email:sriramrajibaroda@gmail.com*
  2. Dr. Urmi Nanda Biswas, Professor and former Head, Department of Psychology, Faculty of Education and Psychology, M. S. University of Baroda, Vadodara. *Email:urmi\_biswas@hotmail.com*
  3. Dr. Mahesh R. Desai, Senior Consultant Psychiatrist, Surat. *Mobile:91-9428822287. Email: [mansij1954@gmail.com](mailto:mansij1954@gmail.com), [PrashantiDoctors@gmail.com](mailto:PrashantiDoctors@gmail.com)*
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**Date: 4<sup>th</sup>.09.19**

**Place: Surat**

**Dr. Sudipta Roy**

**Annexure A**  
**(Academic Work Experience/Position held)**

➤ **Lecturer in Psychology for Undergraduate and Post Graduate courses in Departments of Psychology, Human Development, Medicine and Physiotherapy.**

01.	Lecturer	Department of Psychology, Faculty of Education & Psychology, M. S. University of Baroda.	5 Years	2006-2009 and 1996-1998
02.	Visiting Faculty	Swaminarayan Physiotherapy College, SNTD affiliated, Kadodara, Surat.	1 Year	2001-2002
03.	Lecturer	Department of HDFS, Faculty of Home Science, M. S. University of Baroda	2 Years	1995-1996 1998-1999

➤ **Visiting faculty in M. Phil course, Professional Diploma and Certificate courses in Intellectual Disability, Learning Disability, Clinical and Community Psychology.**

1.	Visiting Faculty for M. Phil in Clinical Psychology	GFSU, Gandhinagar	---	2015
2.	Visiting Faculty for PG course on LD	Sheth P.T .Mahila College, Surat (Earlier Affiliated to SNTD, Mumbai, now under VNSGU)	5 Years	2010- 2016
3.	Visiting Faculty for PG course on LD	MTB Arts College, VNSGU, Surat	1 Year	2011 to 2012
4.	Visiting Faculty	Post Graduate Diploma in Clinical and Community Psychology, Department of Psychology, M.S. University of Baroda	5 years	1995-1999 2005-2006
5.	Visiting Faculty	Kashiben Children's hospital, Karelilbag Baroda <b>(Course: RCI Approved Diploma in Mental Retardation)</b>	2 Years.	1995-1997

**Visiting Faculty for 11-12<sup>th</sup> CBSE Psychology Courses.**

01.	Visiting Faculty for 11 <sup>th</sup> and 12 <sup>th</sup> grade.	Delhi Public School, Surat	2 Years	2017- 2019
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**Special experience**

01.	Co-coordinator and Faculty	Collaboration between Roehampton University, London and M. S. University of Baroda <b>(Course: Certificate Course on Mental Health Assessment)</b>	One month	2008-2009
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02.	Co-coordinator and Faculty (along with Dr. Baljit Kaur)	<b>Course: Six-month certificate course on Identification and Management of Learning Disabilities for School Principals and Teachers)</b> Department of HDFs, Faculty of Home Science, M.S. University of Baroda (Certified under the aegis of the Dept. of Adult and continuing Education)	Six months	1995-1996
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**Annexure B**  
**(Seminar/ Workshop: conducted)**



<b>December 2019</b>	Conducted 1 month course on “Self-awareness” at Psy Lens Centre, Surat
<b>September 2019</b>	Conducted oneday workshop on” Counseling skills” at MS University Baroda on 30th September.
<b>October 2019</b>	Conducted one day workshop on Unraveling Behavioral challenges in children and Adolescents at Ahmedabad on invitation from Tangram on 2 <sup>nd</sup> Oct.
<b>April 2019</b>	Workshop on Identification and Assessment for Learning Disabilities, Psy lens Centre, Surat
<b>December 2018</b>	TAT & CAT Workshop along with Falguni Harpale at Surat.
<b>September 2017</b>	One-day workshop on “Basic Counseling Skills” for MA Psychology Students, MSU, Vadodara,
<b>November 2017</b>	Workshop on “Effective Learning Strategies for learning Disabilities in Classroom settings” for school counselors and Remedial educators.
<b>October 2017</b>	IQ assessment workshop in Surat
<b>April 2017</b>	2- days workshop for practicing Psychologists on TAT/CAT at Pune.
<b>January 2017</b>	“Shades of Pink” Workshop conducted on invitation for Girls welfare committee at Podar International school , Surat.
<b>March 2017</b>	Facilitated TAT & CAT Workshop at Pune on invitation by Vidula Enterprise.
<b>July 2017</b>	“Shaping your first steps- personality development ptoqram for T.Y. B. Sc students at Sri Ramkrishna College of Life Sciences, Surat
<b>June 2017</b>	“Mental health issues and how to deal with them” staff orientation program

	Sri Ramkrishna College of Life Sciences, Surat
<b>December 2016</b>	TAT/CAT Workshop for practicing psychologists at Surat,
<b>September 2016</b>	CBT workshop for MA Psychology students, MSU, Vadodara
<b>April 2016</b>	A-Z of counseling for Aptitude testing, Surat.
<b>March 2015</b>	Three days' short term training program on remedial Therapy by Total Solutions, Hyderabad conducted at Surat.
<b>March 2015</b>	Workshop on training psychologists for using Projective tests, Psy lens center, Surat
<b>October 2013</b>	Introduction to CBT and CBT for Depression, Surat.
<b>March 2011</b>	Workshop on TAT, Rorschach for Psychiatry resident doctors and psychiatrists on invitation from Gujarat Psychiatric Association at Mental Hospital, Ahmedabad
<b>January 2011</b>	Organized and Co- Conducted Workshop on Case History Taking at Anand Hospital, Surat
<b>September 2010</b>	Workshop on 'Psychometric Assessment', Psy lens centre, Surat
<b>November 2009</b>	!0 days training workshop on IQ tests and learning assessments and projective techniques at GIPS, Ahmedabad
<b>July 2008</b>	Conducted half day workshop on "Learning disability among children: A silent problem" on invitation of Subah, Counselors Association of Vadodara.
<b>December 2007</b>	Training program for TAT / CAT and Rorschach for students and practitioners at Baroda
<b>January 2008</b>	Workshop on "Art of Parenting" at Bhartiya Vidhya Bhavan, V.M. Public School.
<b>September 2005</b>	Sensitization workshop on emotional problems of children "Emotional planet of a child" for teachers at AtulVidyalaya, Valsad
<b>September 1995</b>	Conducted one-day workshop, "Behavioral Problems of children with Mental Retardation and its effective Management" on invitation from Baroda citizens Council, Vadodara.

### **Annexure C**

**(Seminar/ Workshop: INVITED AS GUEST SPEAKER / CHAIRING SCIENTIFIC SESSION)**

**INVITED AS GUEST SPEAKER /  
CHAIRING SCIENTIFIC SESSION**

<b>September 2019</b>	Invited as a chief guest for Psychology fest PSYNASPE 2019 ON 28 <sup>TH</sup> September At Sheth P.T. Mahila collage, Surat.
<b>September 2019</b>	Invited to conduct training session on "Identification and Management of

	Behavioral Excesses and Deficits amongst the students” for teachers of “Navrach Vidyani Vidyalaya” Baroda on 13 <sup>th</sup> September 2019
<b>September 2019</b>	Invited as guest speaker at Sheth P. T. Mahila college, on “Interfaces between English Literature and psychology”: Application of psychology theories in the Novel “David Copperfield” by Charles Dickens.
<b>March 2019</b>	Invited panelist for Panel Discussion organized by Hills Nursery Group at GODI Day care Centre, Vesu, Surat.
<b>Dec. 2018</b>	Invited as panelist on a talk show “Adventure and Mental Health” at Sheth P.T. Mahila College of Arts & Home science and department of Psychology and SPARSH.
<b>September 2017</b>	Orientation to POCSO and sensitization of teachers and administrative staff to Prevention of childhood sexual abuse in schools for DPS school, Surat
<b>March to April 2017</b>	Invited faculty for Training sessions on Learning Disability at local Madresa school for teachers
<b>January 2017</b>	Seminar on “Class room management techniques “ at T.M. Patel School Surat
<b>Jan 2017</b>	Felicitated by DEO at book release “ Secrets of Learning” ChintanShibir- Manan Maun Todvanu- II
<b>September 2016</b>	Chief guest for inauguration of new psychological service centre “SPARSH” at GhodDod Road, Surat.
<b>February 2016</b>	“Role of a student in Mental health” Invited talk delivered for Psychology students at Sheth PTMC of Arts and Home science, Vanita Vishram
<b>August 2015</b>	Session on “Women’s Empowerment” at Bhagwandas Mahavir College of Science and Technology. Department of Life sciences, Surat
<b>July 2015</b>	Invited speaker at Seminar on “Violence against women. A social evil and try to combat it” organized by SGCCI
<b>December 2014</b>	Chaired scientific session on “Assessment of Emotional Intelligence” at National Seminar on Emotional Intelligence at SPTMC, Vanita Vishram, Surat
<b>Feb 2014</b>	Invited speaker to discuss issues on learning disability organized by Reliance industry after the performance of “ Ajab bacho ki gazab kahani”
<b>Jan 2014</b>	Invited panelist to speak on learning disability at Gandhi Smruti Bhavan, Surat after performance of “Ajab baccho ki gazab kahani” on dyslexia.
<b>December 2013</b>	“Nurturing your budding butterflies”, talk delivered for Parents of middle

	school of Sri Sri Ravi Shankar VidyaMnadir, Surat
<b>October 2013</b>	Talk on “Sex education for Secondary school students”, Alchemy school, Surat
<b>June 2013</b>	Chief guest for the opening of TIE centre at L.M.B. Daliya school, Surat
<b>June 2013</b>	Invited speaker on TV show “Baal uchher na aayaamo” on the topic “naani babato moti asar” on Real Network behalf of Spark Academy, Surat.
<b>October 2012</b>	Session entitled “Teen talk” on Adolescence” for students of 8 <sup>t-10<sup>h</sup></sup> at Alchemy School, Surat.
<b>October 2012</b>	Invited speaker for talk show on “ It’s not depression” by Department of Psychiatry, for faculty and students at SMIMER college, Surat
<b>July 2012</b>	“Recent Advances in Psychological Testing “CME conducted on invitation from Department of Psychiatry, New Civil hospital, Surat.
<b>July 2012.</b>	Invited speaker (CME- Seminar) for Senior and Junior Registered Psychiatrists on “Recent Advances in Psychological Testing “, Department of Psychiatry, New Civil Hospital, Surat.
<b>September 2011 separate events on suicide prevention</b>	Guest speaker at “ Neend kyun nahi aati raat bhar” award winning play on depression , Directed by Dr Murtuza Railwaywala performed by Sparsh to mark suicide prevention day at Civil Hospital, Akhil Hind Mahila Parishad
<b>January 2011</b>	Chaired Poster Session at 37 <sup>th</sup> National Annual Conference of the IACP, Gandhinagar.
<b>September 2010.</b>	Invited as Speaker on” BalakonaVikas Mate no fado” at H. N. Patel Primary school, Vesu, Surat,
<b>January 2010.</b>	Invited as Resource person on “Common Psychological problems in children” at C.N. Kothari Homoeopathic Medical college and research Centre, Vyara.
<b>December 2009</b>	Hands-on training Sensitisation program for teachers for Screening of Learning Disabilities at Mira Inclusive School, Vadodara.
<b>Dec. 2008</b>	Seminar on “Children with special needs” for teachers and counselors at Bhartiya Vidya Bhavan, Baroda, 16 December 2008.
<b>April 2001</b>	Trained volunteers to provide Telephonic counselling for students appearing for board exams on behalf of Newscart a DivyaBhaskar group initiative
<b>August 1997</b>	Conducted Assessment center for recruitment of Automotive Technicians at General Motors Plant, Halol
<b>February ‘97</b>	Delivered lecture at Dept. of HDFS, Faculty of Home Science, M.S. U of Baroda, on “ Learning Disabilities” for T.Y. B.Sc Students
<b>December ‘96</b>	Presented Paper on ‘Persons with Disabilities act 1995” at a State level seminar on “ Children’s Policies and Programs – Status and future directions” organized by ECD-LRC, Department of HDFS, M.S. University
<b>February ‘96</b>	Invited panel speaker on “ Mental Retardation” on invitation from Sahaya parents association of differently abled children, Vadodara
<b>September 1995</b>	Conducted a one day workshop on “ Behavioral problems of Mentally retarded children and its effective management” on invitation form Baroda Citizen’s Council, Vadodara

## Annexure D (Seminar/ Workshop: Attended)

WORKSHOP/  
SEMINAR/CONFERENCES  
ATTENDED

<b>December 2019</b>	Completed Two-day workshop on “ <b>Introduction to Narrative Ideas</b> ” by Ummeed Child Development Center, 21-22 December 2019 , Surat.
<b>November 2019</b>	Attended 6 hours <b>CASE CONSULTATION for Team CBT</b> under the supervision of Dr. Rhonda Barovsky and Dr. Heather Clague ( level 4 TEAM CBT trainers with FGI) at Ahmedabad on 13 <sup>th</sup> Nov,2019.
<b>November 2019</b>	Attended CRE conference, “ <b>1<sup>st</sup> Rehab Conference 2019</b> ”, Ahmedabad on 7 <sup>th</sup> Nov to 9 <sup>th</sup> Nov, 2019.
<b>September 2019</b>	Attended an Introductory workshop on “ <b>Expressive Arts Therapy</b> “on 29 <sup>th</sup> September at Surat.
<b>August 2019</b>	Attended RCI sponsored and CRE status Accredited 3 days National Conference on “ <b>Mental Health and Counselling Skills: Strategies and interventions</b> ” jointly organized by Department of Psychology, Sardar Patel University and Indian Academy of Health Psychology (16 <sup>th</sup> to 18 <sup>th</sup> , 2019)
<b>January, 2019</b>	International Workshop on ‘ <b>Team CBT for Relationship Conflict</b> ’ organized by the Indian Association for Cognitive Behavior Therapy (IACBT) facilitated by Mr. Daniel Mintie, California, held at New Delhi
<b>December 2017</b>	CRE workshop on <b>Cognitive Retraining in Traumatic Brain Injury patients</b> -RCI status accredited
<b>March 2017</b>	Basic <b>REBT</b> workshop conducted by Rationally Yours, Surat.
<b>February 2017</b>	<b>EMDR level 1</b> workshop conducted by EMDR Association, Mumbai.
<b>17th &amp;19th November 2016.</b>	International Conference on ‘ <b>Contemporary Trends in Clinical Psychology: Training, Research and Practice</b> ’ (ICCTCP 2016) organized by the Department of Clinical Psychology, NIMHANS, Bengaluru.
<b>March 2016</b>	“ <b>Overcoming Procrastination using REBT</b> ” conducted by Rohan Pandey, Rationally Yours, Surat.
<b>March, 2016</b>	National conference on " <b>Positive Psychology applications for mental health</b> ", Department of psychology, M.S. University of Baroda, Baroda.
<b>February, 2016.</b>	" <b>Sensory Integration Therapy</b> " workshop, facilitated by Dr. G.

<b>February, 2015</b>	Loganathan, organized by Real Physio Centre at Surat, Pre –Conference Workshop entitled “ <b>Emotion Regulation Therapy (ERT)</b> for Anxiety and Mood Disorders” By DrManjula, NIMHANS organized at IACP conference on at Ahmedabad, Gandhinagar.
<b>February, 2015</b>	Delegate at <b>IACP conference</b> at Raksha Shakti University, Gandhinagar
<b>December, 2015.</b>	Seminar on “ <b>The Lover, The Exorcist and The Critic: Understanding Depth Psychotherapist’s Roles</b> ” by Alan Karbelnig, Ahmedabad.
<b>January 2015.</b>	Workshop on “ <b>Cognitive Behavior Therapy for Obsessive Compulsive Disorder</b> ” By Department of Clinical Psychology, NIMHANS at Bengaluru,
<b>October 2013</b>	Workshop on <b>CBT for depression</b> at Surat.
<b>September2013</b>	Workshop on “ <b>CBT for OCD</b> ” and International conference on OCD by CARE IBS, Chennai.
<b>February 2013</b>	Participated in <b>IACP conference</b> , at AIIMS, New Delhi.
<b>April 2012</b>	Workshop on “ <b>Mand training and reduce challenging behaviors through principles of ABA</b> by Kinnari Bhatt, organized by Real Physio Centre, Surat.
<b>December 2011</b>	Workshop on “ <b>Teacher made tests</b> ” by Dr. Dharmishtha Mehta at Sheth PTMC, affiliated to SNDT, Mumbai.
<b>December,2011</b>	Workshop on <b>PASS based Reading Enhancement Program and cognitive Enhancement training</b> by Prof. J.P. Das, , Bangalore.
<b>September 2010</b>	Workshop on <b>CBT Principles and Applications</b> at NIMHANS Bangalore
<b>February,2010.</b>	<b>Annual conference</b> of Indian Association of Clinical Psychologists, at NIMHANS Bangalore,
<b>March 2009</b>	Training program on “ <b>Grant Writing Proposals</b> ’ conducted by Centre for Psychological Counselling, JnanaBharathi , Bangalore University, Bangalore
<b>December 10-14, 2007.</b>	“ <b>National Workshop on Research Methodology in Social Sciences</b> ” during Organized jointly by Association of Indian Universities and the Maharaja Sayajirao University of Baroda at CASE, Department of Education.
<b>July 2007</b>	Attended <b>International Conference on Psychology in Mental Health, Journey of a profession: prospects and challenges</b> , Department of Mental Health and Social Psychology, NIMHANS, Bangalore.
<b>January 30-31, 2007</b>	“ <b>Workshop on Development Assessment Scale for Indian children DASI-II</b> ” at KGP Children Hospital, Baroda.

January 2007.	“Introductory Workshop on <b>Development Assessment of Infants</b> ”, Vadodara.
January-February, 2006.	<b>National Workshop on ‘Recent Advances in Clinical Psychology’</b> . Organized by IBHAS, New Delhi.
June 2001.	CME Program on <b>Learning Disabilities</b> held at Mahavir Hospital, Surat.
December 1998	“ <b>Writing for Social Science Journals</b> ”, Organised by UGC-DCA, Dept of HDFs, Faculty of Home Science, MSU of Baroda
March 1997	International Conference on “ <b>Current Trends in Psychosocial Rehabilitation and Family Intervention</b> ”, NIMHANS, Bangalore
April 1995	“ Riding the currents” workshop on <b>Process Oriented psychotherapy</b> conducted by Katherine Jobe and Joseph Goodbread, organized by CHUGRAD at Mumbai

## **Annexure E (Seminar/ Workshop: Organized)**

WORKSHOP/ SEMINAR ORGAZINED

December 2019	Organized one day <b>workshop on “ CBT”</b> on 2 <sup>nd</sup> Dec, 2019 at Psy lens Centre, Surat by Neha Agrawal.
November 2019	Organized One-day workshop on “ <b>Emotional Regulation Therapy: child and adolescents</b> ” on 30 <sup>th</sup> Nov, 2019 at Psy Lens Centre by Dr. V Smitha Ruckmani.
October 2019	Organized one and half day workshop on <b>Identification of Learning Disabilities and Remedial strategies for writing and Math</b> ” on 12 <sup>th</sup> and 13 <sup>th</sup> Oct, 2019, by MS Rama D at Psy lens Center.
September 2019	Organized an Introductory workshop on “ <b>Expressive Arts Therapy</b> “on 29 <sup>th</sup> September at Psy Lens Center, Surat.
June 2019	Workshop on “ <b>Management of Behavior Disorders</b> , facilitated by Dr. Shalini Anant, at P.T Sheth Mahila collage, Surat.
January 2019	Workshop on “ <b>Combining CBT with mindfulness</b> ” Facilitated by Daniel Mintie, from FGI, California at Surat.
September 2018	Workshop “ <b>Password to myself</b> ” for undergraduate students of Sheth PTMC, Vanita Vishram, Surat
September 2018	<b>Rorschach Inkblot Test</b> workshop, facilitated by Prof. DwarkaPershad from at Surat.
December, 2018	<b>Trauma Informed Psychotherapy</b> workshop, facilitated by Prof. ShaliniAnant on at Surat.
July 2018	“ <b>Password to myself</b> ” workshop on understanding personality according to the ancient Ayurvedic classification using Tri-dosha concept, facilitated by Doctor Swati Sathye and Dr. Sridhar from Sri Krishna Medical college,

	Karamsad at Sheth PTMC college, Surat
<b>January 2018</b>	<b>Dialectical Behavioral Therapy workshop</b> under the aegis of IACP to commemorate the golden jubilee year of IACP, facilitated by DrMahendra Sharma and Dr Gitanjali Naryanan from, Surat.
<b>December, 2017</b>	<b>“Becoming an Effective Counselor”</b> , facilitated by Dr Keyooer Joshi, from Texas University at Surat.
<b>September 2017</b>	Workshop on <b>“Cognitive Hypnotic Coaching and Psychotherapy”</b> , facilitated by ICHARS, Mumbai at Surat.
<b>January 2017</b>	A workshop on <b>three intervention modules for learning disabilities</b> , facilitated by Dr. J. P. Das in Vadodara.
<b>December 2016</b>	Organized, Conducted and facilitated <b>TAT &amp; CAT Workshop</b> at Surat.
<b>September 2014</b>	Organized <b>Workshop on CBT</b> Facilitated by Dr. Maitreya Parikh, Dr. Suhas Joshi and Dr. Punita Grover, GIPS, Ahmedabad at Surat
<b>October 2007</b>	Coordinator <b>Mental Health Day - Awareness program</b> at Department of Psychology, Faculty of Education & Psychology, M. S. University of Baroda.
<b>December 2004</b>	Conceptualized and organized a <b>one-day multi-disciplinary camp for persons with Mental Retardation</b> on 25 January at Lions Club Hall, Adajan at Surat.
<b>December1997</b>	Conceptualized and organized a <b>4-day mental health awareness Program</b> from at the Department of Psychology, M. S. University of Baroda.

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